

Session 12 Community activities

WORKSHEET

Opportunities to get involved



First, tick the actions listed below that you have done.

Next, put a cross next to the actions listed below that you cannot imagine yourself ever doing.

Finally, discuss the reasons why you have done certain activities but would not consider doing others. What might you do in future?

	I have done	I cannot imagine doing
Advertising something on Freecycle		
Attending a community forum		
Attending a local adult education class		
Becoming a school governor		
Befriending an older person		
Belonging to a church or faith group		
Commenting on planning proposals		
Going on a march		
Helping your neighbours		
Holding a car-boot sale		
Informing the council about local problems		
Joining a book club		
Joining a civic organisation (eg Round Table, Women's Institute)		
Joining a committee (eg for a local charity)		
Joining a local campaign		
Joining a service user group		
Joining an environmental group		
Joining Neighbourhood Watch		
Saying 'Hello' to people you pass in the street		
Taking things to be recycled		
Using the local bus service		
Voting in an election		
Working in a charity shop or as a volunteer somewhere		
Writing to your member of parliament (MP) or government representative		