

**Invitation to participate in the research project titled:  
Knowledge translation: Development, evaluation, and follow-up of DLW online  
and face-to-face workshops for occupational therapists**

**Principal Investigator: Lori Letts  
Project Number: 4114**



**Have you looked for tools or strategies to help you  
talk to your clients about their daily activities?  
Do you want to use occupations to guide your practice?**



**The DoLiveWell framework may help you develop tools that encourage your clients' healthy  
occupational engagement!**

**Here is an opportunity for you to learn about the DoLiveWell framework!**

We are conducting a research study to compare the immediate and follow-up outcomes of two educational delivery methods: free online and face-to-face DoLiveWell workshop for occupational therapists.

As a Canadian occupational therapist, you are in an ideal position to give us valuable information regarding the effectiveness of the two different delivery methods. Our workshops are meant for any Canadian occupational therapists regardless of your previous understanding levels of the DoLiveWell framework. Through the project, you will learn about the DoLiveWell framework and how you can apply it to your practice.

We will ask you to participate in either online or face-to-face workshops based on your availability. The workshops are offered free for the purpose of this project but valued at CAD 230 originally. One week before the workshop, you would be asked to complete a workshop survey, which will ask about your professional background and knowledge about and the use of the DoLiveWell framework. We will also ask you to complete a survey right after the workshop, and another survey three-months after the workshop. In addition to the survey, we will contact you to ask you to share your perspectives on using the DoLiveWell framework in your practice. We will ask to arrange an interview, if it is convenient for you.

**FREE Workshop Information**

**One-day in-person workshop:** February 14<sup>th</sup>, 2020, 8:30 am – 4:30 pm  
at McMaster University (lunch and on-site parking provided)

**Online workshop:** February 17<sup>th</sup> – March 15<sup>th</sup>, 2020 (6~8 hours over 4 weeks)  
through the Do-Live-Well online workshop website

If you are willing to participate or learning more, please contact us by **January 31<sup>st</sup>, 2020:**  
Sung Ha Kim | (289) 659 7787 | [kims130@mcmaster.ca](mailto:kims130@mcmaster.ca)

\*Please note that there is no incentive to participate in the project except we are providing a free workshop, but you will receive a \$25 Starbucks gift card if you participate in a 1 on 1 interview.

This study has been reviewed by the Hamilton Integrated Research Ethics Board.