



Invitation to participate in the research project titled: "The development, evaluation, and follow-up of Do-Live-Well (DLW) online and face-to-face workshops for occupational therapist (OT)s"

Have you looked for tools or strategies to help you talk to your clients about their daily activities? Do you want to use occupations to guide your practice? The DLW framework may help you develop tools that encourage your clients' healthy occupational engagement! Here is an opportunity for you to learn about the DLW framework!

We are conducting a research study to compare the immediate and follow-up outcomes of two educational delivery methods: free online and face-to-face DLW workshop for OTs.



As a Canadian OT, you are in an ideal position to give us valuable information regarding the effectiveness of the two different delivery methods. We have previously tested an on-line workshop (completely asynchronous) and face to face delivery and now we are adding a 3rd group which will be on-line, combining asynchronous learning and synchronous group video calls for discussion and learning.

We will ask you to participate in an online workshop that will include both asynchronous recorded lectures and synchronous discussion through video calls. One week before you attend the workshop, you would be asked to complete a workshop survey, which will ask about your professional background and knowledge about and the use of the DLW framework. We will also ask you to complete a survey right after the workshop, and another survey three-months after the workshop.

If you are willing to participate, please contact us via Twitter (<u>https://twitter.com/DoLiveWell1</u>) or Email (<u>kims130@mcmaster.ca</u>)

*Please note that there is no incentive to participate in this research except we are providing a free workshop.

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"This study has been reviewed by the Hamilton Integrated Research Ethics Board under Project #4114"